

SPRING FLOWER SENSORY SQUISH BAG

MATERIALS:

Gallon size freezer bag
Clear hair gel
Foam sticker shapes
Packing tape
Food coloring (optional)

GETTING STARTED:

To prepare your flower sensory squish bag, gather the materials. If you do not have foam sticker shapes, you can trace the attached shapes on any other thick material and add them to the bag.

Next, add the clear hair gel. You can add a few drops of green food coloring for a nice grassy color. Seal freezer bag with clear packing tape to prevent any leaks.

Spreading the color throughout the bag provided lots of fun squishing. As soon as the color is all mixed in, it is time to “plant” your garden.

Use the long green rectangles for the stem and some tear drop shapes for the leaves. Squishing the petals into place around the orange pollen center was next. You can this opportunity to work on identifying colors and shapes such as the purple oval and orange circle.



flower garden
squish bag

