

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>1. Work it Wednesday: Work your body and your mouth by saying a word with your speech sound 5x in a row, after doing a jumping jack.</p>	<p>2. Think it Thursday: Think of your family members, does anyone have your speech sound in their name? Call them and tell them!</p>	<p>3. Fun Friday: Think of a favorite movie, watch it and see if you hear your speech sound during the movie!</p>	4.
5.	<p>6. Make it Monday: Cut out 5 pictures of things that you're your speech sound in them and glue them on a piece of paper. Save it for tomorrow's activity!</p>	<p>7. Tell it Tuesday: Tell someone about your pictures (from Monday) using your best speech sounds</p>	<p>8. Work it Wednesday: Walk around your house finding things that have your speech sound. Take pictures or write down what you found to help you with think it Thursday.</p>	<p>9. Think it Thursday: Try to remember what things you found around your house, name them using your best speech sounds.</p>	<p>10. Fun Friday! Use your speech sound in the silliest sentence you can. Decide whose sentence is the silliest!</p>	11.
12.	<p>13. Make it Monday: Find a picture or coloring sheet of something with your speech sound.</p>	<p>14. Tell it Tuesday: Tell/talk about the picture that you colored from yesterday.</p>	<p>15. Work it Wednesday: Jump up and down after you say a word with your speech sound. Repeat this 5x in a row.</p>	<p>16. Think it Thursday: Think of as many things around your house that have your speech sound.</p>	<p>17. Fun Friday: Find your sound on https://www.starfall.com/h/abcs/</p>	<p>18.</p> 
19.	<p>20. Make it Monday: If nice enough, get some chalk and draw pictures or write words that have your speech sounds. (Take a picture of your creation in case it rains!)</p>	<p>21. Tell it Tuesday: Talk about the pictures and words you made with chalk yesterday.</p>	<p>22. Work it Wednesday: If nice enough, draw a hopscotch with chalk. In each box write a speech word. Say that word when you hop in the box!</p>	<p>23. Think it Thursday Think about your favorite book, find your book, read it, and try to listen for words that have your speech sound.</p>	<p>24. Fun Friday: Take a break from learning and working and play outside! (If it's nice).</p>	25.
26.	<p>27. Make it Monday: Make a card. Try to draw or write something in it that has your speech sound. Send it in the mail to someone special.</p>	<p>28. Tell it Tuesday: Tell about your favorite toy. Try to use your best speech sounds when talking about it. Then go play with it.</p>	<p>29. Work it Wednesday: Say a word/sentence with your speech sound 3x before touching your toes. Repeat this 5x in a row.</p>	<p>30. Think it Thursday Think about your bedroom. Are there things in their that have your speech sound in them? Find them and say the name 3x in a row.</p>	 <p>Down Syndrome Achievement Centers educate. inspire. believe.</p>	

AT HOME ARTICULATION PRACTICE

Model:

Try to provide models of the target sound throughout your daily routines. For example: target /s/: "Let's go read." "It's time for school." "What should we have for supper?"

Practice:

Keep it short! Try to practice 3-4 times a week with short, practice session (5-10 min). Short, frequent practice session multiple times a week will ensure continued progress towards sound production.

Remember:

These are just suggested activities for at home practice. Please talk to your speech language pathologist for specifics related to your child's individual speech sound development goals and objectives