

Language, Cognitive & Affective Development

• Welcome Song & Gathering -Hello, Hello! Can You Clap Your Hands?

“Hello, hello! (wave one hand, then the other)
Can you clap your hands? (clap)
Hello, hello!
Can you clap your hands? (clap)
Can you stretch up high? (stretch towards the ceiling)

Can you touch your toes? (bend down and touch your toes)
Can you turn around? (turn around)
Can you say “hello”? (wave, then say hello)
Can you stomp your feet? (stomp your feet)
Hello, hello!”

Social, Physical & Attention Development

- **Purposeful Play Stations** -Promote opportunities for proactive language & social communication skills, promote gross and fine motor play to increase balance, strength, independence and participation. Parents should move through the stations with the child, have volunteers modify as needed.

Communication Station: Monkey Song and Sign

- You will need:
 - Just Yourself!
- First we are going to learn the signs for Monkey, Alligator, Tree and Swing
- Now we’re going to sing our song and everytime we hear one of our signs we can sign along!

*5 Little Monkeys swinging in a tree
Teasing my alligator, can’t catch me!
Along comes the alligator quiet as can be
And he SNAPS that Monkey right out of that tree!
4 little monkeys swinging in a tree...*

Sensory/Fine Motor Station: Slippery Jungle Leaves Bag

- You will need:
 - Large Ziploc Bag
 - Cooking Oil
 - Water
 - Food Coloring
 - Leaves, dandelions, flower petals
 - Optional: Glitter, Beads, Sequins, Duct tape
- Pour some cooking oil into the **Ziploc bag** and add your leaves. There isn’t an exact measurement of oil that I can give you I’m afraid as it depends on the size of the bag. I put in enough so that the leaves could easily glide along inside the bag, but not so much that the bag was heaving at the sides.
 - In a small bowl, mix a few table spoons of water with a few drops of food coloring. For different colors, use different bowls.
 - Gently pour the colored water into your bag with the oil. Start and stop as your pouring to create the little droplet effect.
 - Pop in any of your extras like glitter, sequins and beads.
 - If you have duct tape, you can seal your bag closed with a strip of tape.
 - Now enjoy your sensory bag! Can you move one of your leaves from one side to the other? How many leaves do you have? What colors are they? Can you get your water droplets to mix?

Gross Motor Station: Jungle Yoga

- You will need:
 - Just yourself!
- Jeep pose
- Compass pose
- Leopard Pose
- Tiger Pose
- Lion Pose with a RAWR!
- Monkey pose
- Parrot pose
- Zebra Pose
- Gorilla Pose
- Tree Pose
- Snake Pose
- Elephant Pose
- Sleeping animals rest

Fine Motor Activity: Monkey Origami Bookmark

- You will need:
 - Brown, white, and yellow construction paper (or whatever color you want your monkey to be!)
 - Scissors
 - Pen or marker
 - Glue
 - Optional: Googly eyes
- Fold the square paper across the diagonal to make a triangle
- Rotate to bring the long edge parallel, then bring the right corner up to meet the top corner
- Repeat with the corner. You should now have a smaller diamond with a line down the middle
- Open up the last two folds
- Folds down the top corner – only take one sheet of paper
- Bring the right corner back up and fold into the flap
- Repeat with the left corner
- Fold the square paper across the diagonal to make a triangle
- Rotate to bring the long edge parallel, then bring the right corner up to meet the top corner
- Repeat with the corner. You should now have a smaller diamond with a line down the middle
- Open up the last two folds
- Folds down the top corner – only take one sheet of paper
- Bring the right corner back up and fold into the flap
- Repeat with the left corner
- Now we add our Monkey Features! Cut out two circles for ears, an white oval for the face and glue them on. Draw on or cut out his eyes. Draw on his mouth!
- Make him a banana to eat out of yellow construction paper

Good-bye-Celebrate successes and remind of upcoming programs, activities and events.

- **It's our time to say goodbye!**
It's our time to say goodbye to Mommy, it's our time to say goodbye to mommy, it's our time to say goodbye to mommy, say bye bye bye bye.
Repeat with Daddy, sister, brother, everyone!

BONUS ACTIVITY

Jungle Vine Gross Motor Activity

Materials

- Streamers, crepe paper or painters tape

Instructions

- Create a jungle forest obstacle course by stringing streamers, crepe paper or tape across a hallway, chairs or walls
- Bonus: Create a fort to go through with a draped blanket
- Navigate your way from one side to the other!

