

Language, Cognitive & Affective Development

- **Welcome Song & Gathering**
 - **Hello, Hello! Can You Clap Your Hands?**

“Hello, hello! (wave one hand, then the other)
Can you clap your hands? (clap)
Hello, hello!
Can you clap your hands? (clap)
Can you stretch up high? (stretch towards the ceiling)
Can you touch your toes? (bend down and touch your toes)
Can you turn around? (turn around)
Can you say “hello”? (wave, then say hello)
Can you stomp your feet? (stomp your feet)
Hello, hello!”

Social, Physical & Attention Development

- **Purposeful Play Stations** Promote opportunities for proactive language & social communication skills, promote gross and fine motor play to increase balance, strength, independence and participation. Parents should move through the stations with the child, have volunteers modify as needed.
 - **Gross Motor Station: Earth Day Yoga**
 - Blossom like a flower in your garden. We start as a seed (child’s pose) and grow to a flower (kneeling)
 - Grow BIG like a mountain! (mountain pose)
 - Now make energy for your mountain with a windmill! (rotate arms in a circle in mountain pose)
 - Try walking somewhere instead of driving. That can help our earth! (walk in place)
 - We need to plant more trees! Be tall like a tree! (tree pose)
 - Feel the wind power in your leaves (stretch side to side)
 - Hear the waterfall in the background (standing forward bend)
 - Swim like a fish through the clean water below the waterfall. (bow pose)
 - Read a book about the earth. (Butterfly pose – sitting with your legs bent and soles of your feet together)
 - Pretend you’re riding a bicycle outside (lay on your back with your knees to chest, pedal in the air)
 - Now rest on your back and look at the stars! The more we work on cutting back on pollution the more stars we can see at night! (Do nothing, resting pose).
 - Breathe deeply and relax!

- **Fine motor/Sensory Station: Generation G Around the World**
 - You will need:
 - One paper plate
 - Blue marker, crayon, colored pencil or paint
 - Green tissue paper (or green marker, colored pencil or paint)
 - Glue
 - 2 pieces of Construction paper – color of your choice
 - Marker or crayon – color of your choice that will show up on your construction paper
 - First we want to color our whole plate blue (if you're not using tissue paper you will want to draw out continents on your plate and color the ocean blue and the land green.)
 - If you are using tissue paper cut the green tissue paper into roughly 1-inch squares
 - Glue the tissue paper onto the paper plate and form our continents.
 - Now we want to trace around our hand on a sheet of construction paper and cut it out.
 - Next cut four strips of construction paper cut along the long side of the paper to make 11 inch by 1 inch strips.
 - Draw a heart with a G inside your construction paper hand! Let's celebrate #GenerationG!
 - Now we're going to take the two strips and fold across each other, alternating to make an accordion. Repeat with the second two strips.
 - Glue one side of the two accordions to the bottom of your Generation G hand.
 - Then glue the other side of the accordions to the paper plate.
 - Now it looks like the Earth is exploding with acceptance, generosity, and kindness!

- **Gross motor/social station: To The Tune of If You're Happy and You Know It**

<p><i>If you love our earth, clap, clap your hands! (clap, clap)</i></p> <p><i>If you love our earth, clap, clap your hands! (clap, clap)</i></p> <p><i>If you love our earth, really love our great big earth</i></p> <p><i>If You love our earth, clap your hands! (clap, clap)</i></p> <p><i>If you love our earth, plant, plant some trees (plant some trees)</i></p> <p><i>If you love our earth, plant, plant some trees (plant some trees)</i></p> <p><i>If you love our earth, plant some trees for birds and bees</i></p> <p><i>If you love our earth, plant some trees (plant some trees)</i></p>	<p><i>If you love our earth please recycle (recycle)</i></p> <p><i>If you love our earth please recycle (recycle)</i></p> <p><i>If you love our earth then recycle and reuse</i></p> <p><i>If you love our earth please recycle (recycle)</i></p> <p><i>If you love our earth please do your part (do your part)</i></p> <p><i>If you love our earth please do your part (do your part)</i></p> <p><i>If you love our earth, really love our great big earth</i></p> <p><i>If you love our earth please do your part (do your part)</i></p>
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Fine motor/Sensory Station: DIY Bird Feeder

- You will need:
 - 1-3 Pipe Cleaners
 - Cheerios or other circular cereal
 - Ribbon
- Start off by shaping your pipe cleaners into whatever shape you want for your feeder. Im going to make three interlocking hearts. You can make a circle, spiral, triangle, any shape you can create!
- Once your pipe cleaner is shaped you can start to string the cheerios!
- Fill up your entire shape with cheerios.
- Once complete you can twist the ends of your pipe cleaner to keep everything together.
- Tie a ribbon around your shape to hang your bird feeder!

Good-bye Celebrate successes and remind of upcoming programs, activities and events.

- **It's our time to say goodbye!**
- It's our time to say goodbye to Mommy, it's our time to say goodbye to mommy, it's our time to say goodbye to mommy, say bye bye bye bye.
- Repeat with Daddy, sister, brother, everyone!

BONUS Craft: DIY Planter

- Aluminum Can
- Paint
- Glue
- Soil
- Seeds or bulbs
- Optional: Popsicle sticks
- Optional Decorations: Googly Eyes, pom poms, ribbon, stickers
- Remove the label from your can
- If using popsicle sticks, glue your popsicle sticks vertically along the entire can. Allow time for it to dry.
- Paint and decorate your can however you want!
- Fill your can with dirt.
- Place the seeds or bulbs into your dirt and water!
- Wait and watch your plant grow!

BONUS Activity: Learn to recycle

- Two bins
- Recycle label and Garbage Label
- Magazines
- Scissors
- Label two bins, one with recycle and one with garbage
- Go through some magazines and cut out pictures of items
- Once you have 15-20 items cut out you can start to sort!
- Discuss which items go into the recycle bin and which go into the garbage bin
- Add a gross motor component and put the items on one side of the room and the bins on the other. See how fast you can sort all the items!

BONUS Activity: Garden Scavenger Hunt

- Use the link below for a scavenger hunt OR make a list of your own items to find.
- Ex: Bird, Leaf, Flower, Bug,
- https://www.raddishkids.com/blogs/bonus-bites/garden-bingo?l=n&utm_campaign=April%20Round%20Up%20-%20ALL%20%28RdanNv%29&utm_medium=email&utm_source=Raddish&ke=eyJrbF9lbW FpbCI6ICJkYmFyZ3N0YWWR0QGdpZ2lzcGxheWhvdXNlM9yZyIsICJrbF9jb21wYW55X2lkIjogIlBheGZLdSJ9