

Date: August 10<sup>th</sup>, 2020

Theme: Rain Theme

### Language, Cognitive & Affective Development

- **Welcome Song & Gathering**
  - Welcome song:
    - **Hello, Hello! Can You Clap Your Hands?**  
 “Hello, hello! (wave one hand, then the other)  
 Can you clap your hands? (clap)  
 Hello, hello!  
 Can you clap your hands? (clap)  
 Can you stretch up high? (stretch towards the ceiling)  
 Can you touch your toes? (bend down and touch your toes)  
 Can you turn around? (turn around)  
 Can you say “hello”? (wave, then say hello)  
 Can you stomp your feet? (stomp your feet)  
 Hello, hello!”
  - Introductions
  - Explain each station and the idea of purposeful play behind each station

### Social, Physical & Attention Development

- **Purposeful Play Stations (45-60 minutes):**  
 Promote opportunities for proactive language & social communication skills, promote gross and fine motor play to increase balance, strength, independence and participation. Parents should move through the stations with the child, have volunteers modify as needed.

#### Fine motor/Sensory/Science Station: Rain Cloud



- You will need:
  - Mason Jar, Clear Glass OR Clear Plastic Cup
  - Shaving Cream (not gel)
  - Food Coloring Gel OR Watercolor Paint
  - Pipette, Dropper or Spoon
- In a small cup, mix a few drops of food coloring with some water. You can make multiple colors if you would like rainbow rain.
- Fill your mason jar or cup with water until you’re about 1/4<sup>th</sup> of the way from the top.
- Fill the rest of the mason jar with shaving cream right up to the top.
- Using your pipette, collect some of the colored water and drip it onto your shaving cream cloud just a few drops at a time.
- Watch what happens!
- The shaving cream represents the clouds and the clear water is the air. The colored water is the rain. As the rain saturates your “cloud” it gets heavy. Eventually it gets too heavy for the cloud to hold and the rain will fall through the air!

#### Gross motor station: Puddle Jumping

You will need:

- Construction paper circles and ovals
  - Place your construction paper puddles all over the floor.
  - Pretend they are puddles and jump from one to the next!

## Fine motor Station: Personalized Rain Art

You will need:



- Card Stock
  - Construction Paper
  - Watercolor Paint
  - Tape
  - Scissors
  - Glue or Glue stick
  - Picture of yourself that you can cut out
  - Tray to keep your table clean
- First, cut out your face and body out of the picture.
  - Next take your construction paper and draw out an umbrella that fits the size of your photo.
  - Cut out your umbrella and decorate.
  - Glue the photo and umbrella onto the cardstock.
  - Tape the bottom of the umbrella to the bottom of the page. This will protect your picture from getting covered in “rain” just like an umbrella would protect you.
  - Add water to your water color pallet.
  - Pick up the water color paint in your pipette. Drip it across the top of the card stock. You can use multiple colors if you would like.
  - Stand your cardstock up on the tray. The tray will help collect the runoff and keep your table clean.
  - Lay your artwork down on a flat surface. Gently peel the tape off. Enjoy!

## 1. BONUS Sensory/Fine Motor Station: Rainy Day Collage

○ Items you need:



- 1 Cupcake Liner
  - Wrapping paper scrap
  - Black Marker
  - Glue Stick
  - Scissors
  - White tissue paper
  - Construction paper
- Cut the white tissue paper into cloud shapes.
  - Cut the construction paper into raindrops
  - Cut the cupcake liner in half to make two semi circles
  - Cut your wrapping paper into two triangles, one big and one small.
  - Cut out a yellow circle from construction paper for the sun
  - On blue construction paper glue your tissue paper clouds up at the top
  - Now glue on your two wrapping paper triangles towards the bottom
  - Glue on the cupcake liner to create the umbrella
  - Now glue on the raindrops and the sun
  - Now add details with your black construction paper. Draw the boots on your people, the handle for the umbrella, the smiley face for your sun and more!

### Good-bye (5 Minutes):

Celebrate successes and remind of upcoming programs, activities and events.

- It's our time to say goodbye!



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## Destination Discovery Purposeful Programming Lesson Plan

- It's our time to say goodbye to Mommy, it's our time to say goodbye to mommy, it's our time to say goodbye to mommy, say bye bye bye bye.
- Repeat with Daddy, sister, brother, everyone!