

### **Gross Motor**

- Paper Plate Ring Toss
- Cup Knock Down
- Painter's Tape Tic-Tac-Toe
- Water Bottle Bowling

### **Fine Motor**

- Make Slime
- Elephant Plate Craft
- Make Your Own Party Hat or Mask

### **Simple Science Experiment**

- Blow Up A Balloon
- Make Your Own Lava Lamp

### **Snack**

- Popcorn Trail Mix (choking hazard for under 4 use puffed corn)
- Apple "Donut" Snack

### **Educational**

- Reading A-Z
  - You can request one of the following books from your local GiGi's Playhouse
  - At the Fair (Level C)
  - Elephant Car Wash (Level C)
  - Let' Go to the Circus (Level G)

### **Activities for Younger Participants**

- Oobleck in a Bag
- Wheels on the Bus
- Texture Basket



### Gross Motor

\*Can add a fine motor hand strengthening component to carnival games by giving the participant a handheld hole puncher to punch a paper “ticket” at each carnival game

#### Paper Plate Ring Toss

- You Will Need and How To
  - Paper plates, paper towel roll, glue
  - Cut the middle out of paper plates to create rings
  - Glue a paper towel roll to a plate and place on the floor
  - Toss paper plate rings onto the roll



#### Cup Knock Down

- You Will Need and How To
  - Cups, small ball or sock rolled into a ball
  - Set cups up in a pyramid
    - This is a good task to allow the participant to do to work on visual motor skills and fine motor control
  - Let Participant toss the ball at the pyramid to knock the cups down



#### Painter's Tape Tic-Tac-Toe

- You Will Need and How To
  - Painter's tape, something to mark spot with (colored paper, bean bags, cut out x/o, colored socks)
  - Use painter's tape to lay out a large tic tac toe board on the floor
    - Take turns picking a spot on the board
    - You can add additional gross motor movement by hopping, crawling, skipping, etc. to the board.



### **Water Bottle Bowling**

- You Will Need and How To
  - Water bottles, small ball, water, option for glow sticks
  - Add a small amount of water to each water bottle and close cap
  - Set up the water bottles for bowling
  - Roll ball and count pins that have been knocked down
  - Option to add glow sticks and make glow in the dark bowling .



## Fine Motor

### Make Slime

- You Will Need and How To
  - 1 cup white glue, ¼ cup water, ½ teaspoon baking soda, 3 tablespoons contact solution, food coloring
  - Add food coloring to glue first and then add in all other items
  - Mix until slime starts to get more solid
  - Store in a plastic bag



### Elephant Plate Craft

- You Will Need and How To
  - Scissors, paper plate, paint, glue
  - Paint plate any color you want the elephant to be
  - Let plate dry
  - Cut the outside edge of the plate off leaving only the inside circle
  - Cut the outer edge into thirds
  - Use outer edge pieces to make the elephant nose and ears
  - Option to add hat or other accessories with construction paper



### Make Your Own Mask or Party Hat

- You Will Need and How To
  - Printed out template for hat or mask, supplies to decorate (crayons, markers, stickers, etc.)
  - Cut out the template and decorate
  - When done decorating tape or glue the party hat together
  - Add a string to the mask or hat if desired



## Simple Science Experiment

### Blow Up a Balloon

- You Will Need and How To
  - Balloon, water bottle, baking soda, vinegar, funnel (can be made out of rolled paper)
  - Use the funnel to put 2-3 teaspoons of baking soda into the balloon
  - Pour 2-3 teaspoons of vinegar into the water bottle
  - Attach the balloon to the top of the water bottle
    - Try not to spill the baking soda in
  - When ready tip the balloon to release all baking soda into the vinegar
  - Watch the balloon blow up
  - You can talk about simple chemical reactions (“When two things mix together, they sometimes form a reaction. Vinegar and baking soda mix together to make bubbles and air that blew up the balloon”)



### Make Your Own Lava Lamp

- You Will Need and How To
  - Cup, oil, water, food color, alka seltzer tablet
  - Fill cup halfway with water
  - Mix in 2 drops of food coloring
  - Add oil to fill other half of cup (leave some room at the top)
  - Add alka seltzer tablet in and watch the lava lamp
  - You can talk about density of different liquids, different forms of matter, how the air escapes from the liquid



## Snack

\*For older participants allow them to help read the recipe, make a grocery list, determine cost of items, decide what is cheaper or more expensive in the grocery store, locate items in the store on their own, and put groceries away to practice life skills before even making the recipe

### Popcorn Trail Mix

\*Popcorn is a **CHOKING HAZARD** for children under 4 years old. Puffcorn such as Pirate's Booty might be a good alternative.

- You Will Need and How To
  - Popcorn or alternative, mix ins in the house (m&ms, pretzels, marshmallows, dried fruit, chocolate chips)
  - Pop popcorn and add it to a bag
  - Scoop toppings into the bag with the popcorn and mix up
  - Enjoy your popcorn trail mix



### Apple "Donut" Snack

- You Will Need and How To
  - Apple, caramel or peanut butter, topping (granola, shredded coconut, m&ms, raisins, sprinkles)
  - Slice apple horizontally and remove seeds in the center
    - Apple should look "donut" shaped
  - Spread peanut butter or caramel on the apple slice
  - Add toppings to apple





## Activities for Younger Participants

### Oobleck in a Bag

- You Will Need and How To
  - Corn starch, water, food color, plastic bag
  - Mix 1 cup corn starch to ½ cup water in a plastic bag
  - Add food coloring and seal bag
  - This can also be done on a cookie sheet as a messy activity
  - Let your participant explore the texture
  - This activity can be done in tummy time



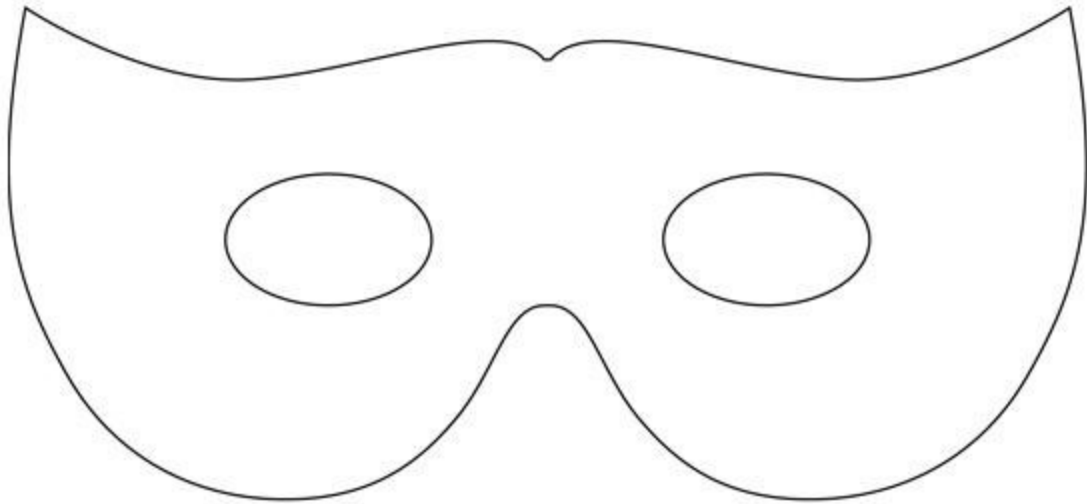
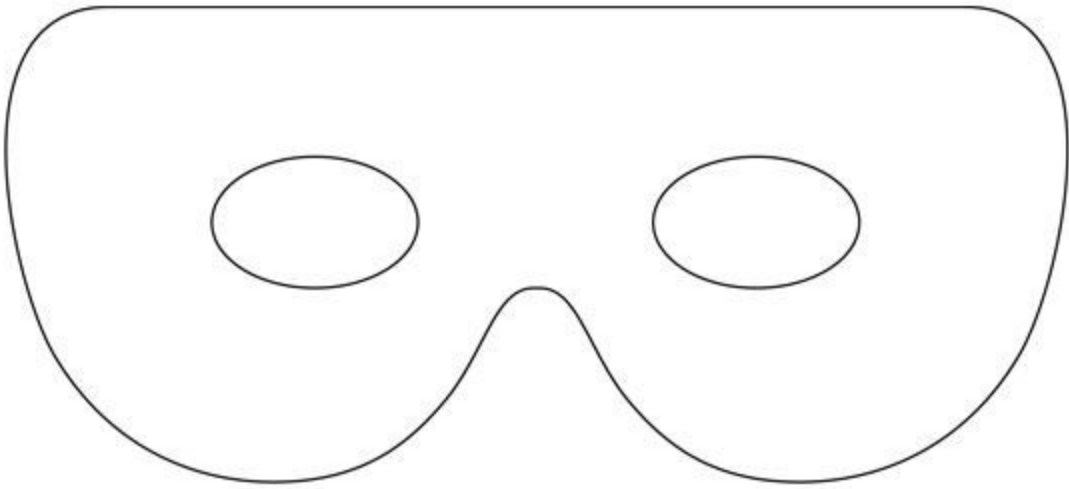
### Wheels on the Bus

- You Will Need and How To
  - Ball or your leg
  - Hold your participant in a seated position on a small ball or your leg
  - Sing the song the wheels on the bus
    - Move your participants slowly on the ball to work on trunk control and strengthening
    - Ex: when you sing “wheels on the bus go round and round” move your participant in small circles on the ball or your leg



### Texture Baskets

- You Will Need and How To
  - Basket with items of different textures from around the house
    - You can include rags, cotton ball, gift bow, sponge, etc.
  - Let your participant explore the different textures in the baskets
  - This can be done in tummy time to support core, back, and neck strengthening





# PARTY HAT



FOLD IN SLIT OR GLUE

Party hats can be tricky to fold. It helps if you shape the top point first.

I like to glue the edge from top to bottom with quick drying craft glue for a neat looking hat. I hold the edge in place with a staple or paper clip which I later remove during the gluing process.