

**Materials needed at home:**

- Large shapes: circle, square, triangle, and rectangle, either drawn/colored on white paper or cut out from different color construction paper. Cut the shapes out from something non-skid like shelf paper if you have it.
- Smaller shapes for matching and making rocket ship- different colors.
- Shaving cream (or whip cream or pudding), rimmed cookie sheet
- Cardboard/cardstock shapes, hole punch, shoe lace/yarn/twine
- Toys/household items/puzzle pieces, at least one each of circle, square, rectangle, and triangle
- Glue, child scissors (if you want)

**Introductions**—Welcome song, today's plan- Shapes

**Story/Fine Motor**

- Songs with movement (gross motor): **Wheels on the Bus**
- **My Very First Book of Shapes** (book)
- Fine motor: **Rocket Ship** (Need glue and shapes cut from different color construction paper: 2" diameter circle, triangle (base 4"), rectangle 3"x6", and 2" square. Optional: red or orange tissue paper or long thin triangles for flames.

**Gross Motor:**

- **Shape Hop, Skip, and Jump** Either cut out shapes (paper or shelf paper) or draw shapes on white paper (At least one of each: circle, square, triangle, and rectangle).

**Fine Motor/Sensory Activity:**

- **Shaving Cream Shapes**- need shaving cream (or whip cream or pudding) and a rimmed cookie sheet.

**Gross Motor Activity:**

- **Balance beam** (Use painter's tape or other wide tape to make a line, about six feet long on your floor.)

**Fine Motor Activity:**

- **Lacing Shapes** Parents: precut a triangle, circle, square, and rectangle from cardstock or cardboard (cereal or pasta box). You also need a hole punch, and something to thread with—a shoe lace works well but yarn or twine also works.

**Gross Motor:**

- **Shape Seek and Find** (Use same shapes from Shape Hop. Also need a matching small shapes and at least one household item/puzzle piece/toy in each of the four shapes.

**Goodbye song** (tune of Baa Baa Black Sheep), review take-home

### Parent Take Home

Looking for more ways to build gross & fine motor skills? Check these out!

- **Playdough shapes:** Draw print or the shapes you want your child to imitate (maybe choose one to focus on). Have fun rolling out the “snakes” and then placing them on the shapes. You can print out Playdough Mats free at <https://www.teacherspayteachers.com/Product/Playdough-Mats-shapes-freebie-975161>
- **Shape Hunt:** Take a walk through your house or neighborhood to hunt for shapes. Give your child a puzzle or paper piece in the shape you are looking for (circle for example) and go on the hunt. How many circles can they find?
- **Shape puzzles:** Have some craft sticks/popsicle sticks around (or cardboard) and markers? This is a fun and simple idea thanks to toddlersatplay.com.
- **Shape Toss!** Use tape (or chalk outside) to “draw” shapes. Use the shapes for a bean bag toss (no beanbags? use socks) or as a modified “Hopscotch”. You can also have your child place items with a similar shape in the correct shape (example- block in the square, ball in the circle).

