



Down Syndrome Achievement Centers
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LMNOP
Purposeful Programs
Rain Lesson

SONG: "Hello"

It's our time to say HELLO to _____

It's our time to say HELLO to _____

It's our time to say HELLO to _____

Say HELLO HELLO

SONG: It's time to start our day (to the tune of Farmer in the Dell)

It's time to start our day

It's time to start our day

It's time to give a great big cheer

And then be on our way

HOORAY!

SONG: Days of the Week (to the tune of the Addams Family theme)

Days of the week (clap clap)

Days of the week (clap clap)

Days of the week, days of the week, days of the week (clap clap)

There's Sunday and there's Monday

There's Tuesday and there's Wednesday

There's Thursday and there's Friday

And then there's Saturday

Sing a-b-c above again

TALK about what day it is TODAY

Introduce SIGNS of the week: Demonstrate sign TWO times—support with visual (see signs at end of lesson plan)

- Rain
- Umbrella
- Cloud
- Puddle

SONG: If You're Happy and You Know it (demonstrate sign for HAPPY)

Clap your hands

Stomp your feet

Shout Hooray

Do all 3



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SONG: Little Raindrops (use visuals-raindrops)

One little raindrop in the dark, dark sky
Two little raindrops watch the clouds roll by
Three little raindrops go splat, splat, splat
Four little raindrops, we need boots for that!
Five little raindrops and still no sun
That is too much for us, we better RUN!

BOOK: *The Big Storm* (Weekly Reader, The Walt Disney Company)

SONG: Itsy Bitsy Spider (include sign for RAIN)

SENSORY: small amount of water in a container, use hands to splash, pour with cup, stir with spoon

SONG: Shaker Song

Shake your shakers, shake, shake, shake
Shake, shake, shake
Shake, shake, shake,
Shake your shakers, shake, shake, shake
Shake your shaker
Shake your shaker HIGH HIGH HIGH
Shake your shaker LOW LOW LOW
Shake your shaker FAST FAST FAST
Shake your shaker SLOW SLOW SLOW

SONG: 5 Little Monkeys Jumping on the Bed (incorporate sign for JUMP)

- Use visuals/count monkeys

SONG/BOOK for visual: Wheels on the Bus

SENSORY/ORAL MOTOR: Bubbles (review homemade bubble recipe-see below)



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BUBBLE SONG: (support with visual of lyrics)

5 little bubbles floating to the floor

1 bubble popped and then there were 4

4 little bubbles round as can be

1 bubble popped and then there were 3

3 little bubbles were flying just to you

1 bubble popped and then there were 2

2 little bubbles were having so much fun

1 bubble popped and then there was 1

1 little bubble round as the sun

Until that bubble popped and then there were NONE!

GROSS MOTOR: Hokey Pokey (can use stuffed animal)

Review signs

SONG: "Goodbye"

- Same as Hello Song—use Goodbye

EASY MAKE AT HOME BUBBLE RECIPE

- ½ cup of sugar—pour in a bowl
- Add 4 cups warm water. Mix to dissolve
- Add ½ cup dish soap (blue dish soap works well)
- Mix
- Can use a kitchen whisk for a bubble stick. Enjoy!!



RAIN



UMBRELLA



CLOUD

PUDDLE: Start with sign for water by making a “W” and tapping your chin with your index finger, twice. Next bring your hands in front of you to make a box shape with your index fingers and thumbs with space between your two hands.

Images retrieved from www.babysignlanguage.com