

Leaps and Bounds: Under the Sea

Introductions—Welcome song, today’s plan- Under the Sea!

Story/Fine Motor

- Songs with movement (gross motor): **Three Little Fishies** (swam over the dam)
- **Rainbow Fish** (book)- motions for fish, crab, seaweed, etc.
- **Fine Motor**: Rainbow Fish (need paper plate “fish” or draw a fish on paper, glue, and tissue paper in different colors)

Gross motor:

- **Into the Sea Bean Bag Toss** (need a hula hoop or other circle for the “sea” target and beanbags or rolled socks to toss)

Fine Motor Jellyfish Activity:

- Need: Precut half circle from blue paper, circle stickers or dot markers, 12-14 inch pieces of ribbon or streamers, hole punch

Gross Motor:

- **Old MacDonald Had an Ocean**: (no materials needed)

Fine Motor:

- **Playdough rainbow fish** (playdough- enough to make a fish, one googly eye, jewels or beads in different colors)

Gross motor:

- **Beach Towel Ball Toss** (small beach ball or other small, lightweight ball, hand towel)

Goodbye song (tune of Baa Baa Black Sheep), review take-home

Materials needed at home:

- Paper plate or outline of a fish on white paper, glue, tissue paper in different colors
- Hula hoop (or other circle to make a “sea” target) and bean bags (rolls of socks work too)
- Large ½ circle (card stock or construction paper works), streamers/ribbon pieces (4-5), hole punch, circle stickers or dot markers
- Playdough, one googly eye (optional), jewels or beads in different colors)
- Small-medium beach ball and a hand towel (larger if you and your child both hold)

Parent Take Home – Under the Sea

Summer seems to have arrived in Maryland. There are so many fun things you can do in the cool of your home and outside in the sun!

1. **Sand Writing:** This is a great outdoor activity (no mess to clean up if things get crazy). Practice letters or pre-writing strokes using sand in a container.



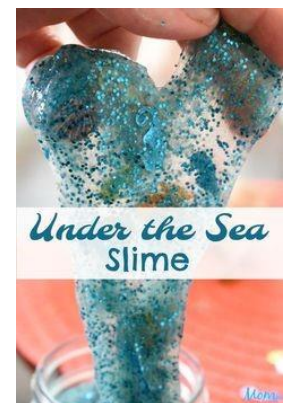
2. **Flying Fish Catch:** Wet down some fish sponges and have your child try to catch them in a container or toss them at a target (drawn with chalk). Much thanks for Ms. Plemmon's for these (and more) fun ocean theme



activities: <https://mrsplemonskindergarten.com/2017/05/tot-school-ocean.html>

3. **Ocean Slime:** What is more fun than slime? This recipe adds blue glitter for an "Under the Sea"

feel: <https://www.momdoesreviews.com/2019/06/14/under-the-sea-slime-recipe-and-tutorial/>



4. **Foil painting!** Add simple finger painting (a great sensory activity) to a foil surface makes for a cool activity.

5. **Water Fun:** Is jumping a challenge for your little one—water can help even the playing field by adding bouncy.