

Introductions—Welcome song, today’s plan- Seeds!

Story/Fine Motor

- Songs with movement (gross motor): **Ants Go Marching**
- **The Tiny Seed** (book)
- **Grow Like a Seed- with the Grow, Grow, Grow a Plant song** (no materials)
- **Fine Motor**: Flower Craft (need to precut a green stem and two leaves plus 5-6 orange circles for the petals and one white circle)

Gross motor: Color Sort Relay (need items in four different colors and four pieces of paper in the corresponding colors)

Fine Motor/Sensory Activity: You will need a bunch of beans in a plastic container and something to scoop with.

Gross Motor: Lily Pad Leap and Stomp the Bug_ (you need some green “spot markers- simply cutting out some circles from construction paper or shelf paper works well)

Stamped Flower Prints: This does use paint! Red and orange if you have it, an empty plastic soda bottle, a potato cut in half, and a big piece of paper (a large paper bag cut open works well too)

Gross motor: Garden Yoga Poses and Freeze Dance

Goodbye song (tune of Baa Baa Black Sheep), review take-home

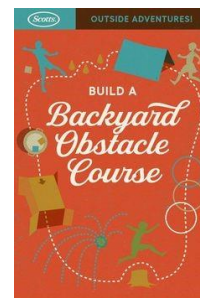
Materials needed at home:

- Flower craft pieces: white piece of paper, precut: green stem and two leaves, 5-6 orange circles for petals and one white circle for flower center
- Glue
- Beans (feel free to substitute whatever you have on hand), plastic container, things to scoop and pour with
- Items in different colors (can print out birds or flowers in different colors or just use what you have- legos work well- and four pieces of paper in the corresponding colors)
- Orange and red paint, big piece of paper (or cut open brown paper grocery bag), and a plastic soda bottle and half a potato for stamping
- “Spot Markers”- cut 7-8 inch circles or “puddles” out of paper

Parent Take Home Ideas: The Tiny Seed

Spring has definitely sprung and wherever you are, I hope you are able to get outside- so many fun ways to get active.

1. **Backyard Obstacle Course:** You could adapt this for indoors as needed. Check out: <https://www.scotts.com/en-us/library/backyard-obstacle-course/>



2. **Feed the Froggy:** Love this idea and this website. You will need a tennis ball, googly eyes are optional! Check out Ms. Plemmon's website for loads of fun spring ideas: <https://mrsplemonskindergarten.com/2017/04/tot-school-spring.html> .



3. **Homemade Chia Pet:** You will need some grass seed, a plastic cup, and a little dirt for this fun activity. A great way to talk about how plants grow with your child- have them scoop in the dirt, sprinkle the seeds, water the seeds for lots of fine motor practice.



4. **Move to Music!** Five Little Ducks, Five Speckled Frogs, Row Your Boat—sing and move all at the same time!