

Introductions—Welcome song, today's plan- Spring!

Story/Fine Motor

- Songs with movement (gross motor): **Five Little Ducks**
- **Make Way for Ducklings** (book)

Fine motor: **Little Ducks**- get them to the pond safe! (need a pair of tongs or clothes pin, bowl or cup “pond”, and yellow pom-poms or little paper balls)

Gross motor: **Match that Move** and **Mother May I**

Fine Motor Activity: **Cherry Blossom Trees** (need green construction paper circle, clothes pin or bath tissue tube, pink tissue paper or pink paper of any kind, glue)

Gross Motor Activity: **Scarf Dance**

Fine Motor Activity: **Threading a Flower** (beads and pipe cleaners, could also use pasta like ziti or macaroni on either a pipe cleaner or spaghetti noodles)

Gross motor:

- **Stack it up/bowl it down** (solo cups or rolls of toilet paper and light weight ball)

Goodbye song (tune of Baa Baa Black Sheep), hand out/review parent take-home

Materials needed at home:

- A bowl or cup, a pair of tongs (or tweezers or a clothespin), yellow pom-poms or make your own little balls of paper
- A green construction paper circle (about 6 inches diameter), pieces of pink tissue paper (or pink paper will work), and glue.
- Either a large clothespin or bath tissue tube
- A scarf
- Either beads or pasta that can be thread, pipe cleaner or a spaghetti noodle
- 6 cups (Solo cups or any that are the same size) or 6 rolls of toilet paper, and a soft ball (you can also use a rolled up pair of socks).

Parent Take Home

Spring is all around! Here are some ways to enjoy the season, both inside and outside.

- 1) **Cheerio Caterpillar:** A great way to work on fine motor skills! Have your child thread cheerios (or any “o” shaped cereal) on a pipe cleaner or you can substitute pasta, beads, anything you have on hand. (Thanks to modernhomesteadmama.com for this idea.)



- 2) **Fun with Sidewalk Chalk:** You can draw lines to walk on, jump over, make a path to follow, play hopscotch: the possibilities are endless. No outdoor space—use painter’s tape inside on the floor.

- 3) **Spring Flower Tray:** This is a super fun and easy idea and all you need are some flowers (real or fake) and a colander (<https://www.notimeflashcards.com>).



- 4) **Obstacle Course!** Create an obstacle course with pillows, blankets, and chairs. Practice going under, over, and around.