



Down Syndrome Achievement Centers
educate. inspire. believe.

SONG: "Hello"

It's our time to say HELLO to _____

It's our time to say HELLO to _____

It's our time to say HELLO to _____

Say HELLO HELLO

SONG: It's time to start our day (to the tune of Farmer in the Dell)

It's time to start our day

It's time to start our day

It's time to give a great big cheer

And then be on our way

HOORAY!

SONG: Days of the Week (to the tune of the Addams Family theme-incorporate Tuesday sign)

Days of the week (clap clap)

Days of the week (clap clap)

Days of the week, days of the week, days of the week (clap clap)

There's Sunday and there's Monday

There's Tuesday and there's Wednesday

There's Thursday and there's Friday

And then there's Saturday

Sing a-b-c above again

TALK about what day it is TODAY (demonstrate sign for specific day)

Introduce SIGNS of the week: Demonstrate sign TWO times—support with visual (see signs at end of lesson plan)

FISH

SHARK

WATER

SWIM

SONG: I am a Little Fish

I'm a little fish

I swim fast and slow

When sharks come out, I dare not play

I dive deep down and swim away

SONG: If You're Happy and You Know It

BOOK: *Baby Goofy Catches a Fish* (Disney Enterprises)



Down Syndrome Achievement Centers
educate. inspire. believe.

SONG: Old MacDonald Had a Farm (use animals for visual)

SONG: Fish Are Swimming (Tune: Are You Sleeping, use visual of fish and incorporate sign)

Fish are swimming, fish are swimming
In the sea, in the sea
Splishing and splashing, splishing and splashing
Look and see, look and see

SONG: Shaker Song

Shake your shakers, shake, shake, shake
Shake, shake, shake
Shake, shake, shake,
Shake your shakers, shake, shake, shake
Shake your shaker
Shake your shaker HIGH HIGH HIGH
Shake your shaker LOW LOW LOW
Shake your shaker FAST FAST FAST
Shake your shaker SLOW SLOW SLOW

SONG: 5 Little Monkeys Jumping on the Bed (incorporate sign for JUMP)

- Use visuals/count monkeys SENSORY/ORAL MOTOR: Bubbles (review homemade bubble recipe-see below)

BUBBLE SONG: (support with visual of lyrics)

5 little bubbles floating to the floor
1 bubble popped and then there were 4
4 little bubbles round as can be
1 bubble popped and then there were 3
3 little bubbles were flying just to you
1 bubble popped and then there were 2
2 little bubbles were having so much fun
1 bubble popped and then there was 1
1 little bubble round as the sun
Until that bubble popped and then there were NONE!

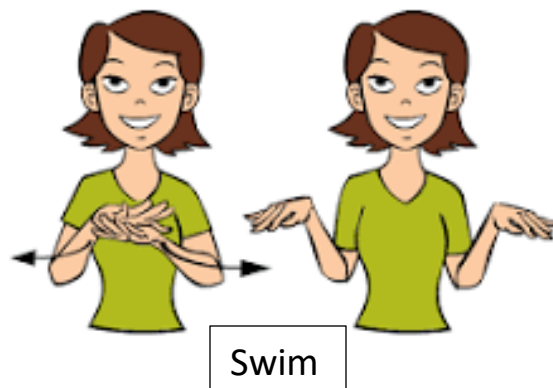
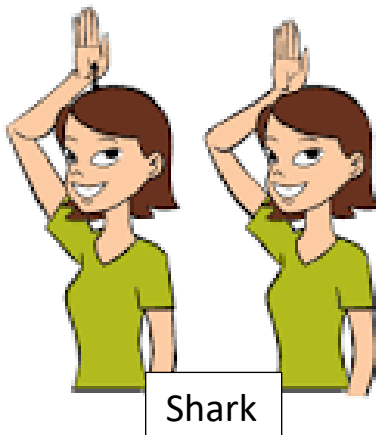
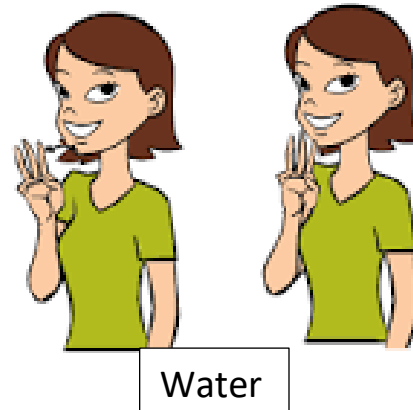
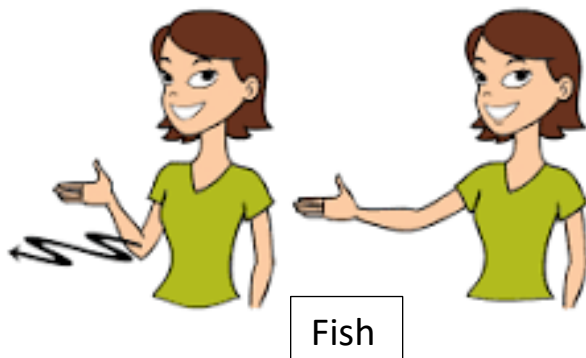
GROSS MOTOR: Hokey Pokey (can use stuffed animal)

Review signs

SONG: "Goodbye"—Same as Hello Song—use Goodbye

EASY MAKE AT HOME BUBBLE RECIPE

- ½ cup of sugar—pour in a bowl. Add 4 cups warm water. Mix to dissolve
- Add ½ cup dish soap (blue dish soap works well). Mix
- Can use a kitchen whisk for a bubble stick. Enjoy!



Images retrieved from www.babysignlanguage.com



LMNOP
Purposeful Programs
Water lesson