



Down Syndrome Achievement Centers
educate. inspire. believe.

SONG: "Hello"

It's our time to say HELLO to _____

It's our time to say HELLO to _____

It's our time to say HELLO to _____

Say HELLO HELLO

SONG: It's time to start our day (to the tune of Farmer in the Dell)

It's time to start our day

It's time to start our day

It's time to give a great big cheer

And then be on our way

HOORAY!

SONG: Days of the Week (to the tune of the Addams Family theme)

Days of the week (clap clap)

Days of the week (clap clap)

Days of the week, days of the week, days of the week (clap clap)

There's Sunday and there's Monday

There's Tuesday and there's Wednesday

There's Thursday and there's Friday

And then there's Saturday

Sing a-b-c above again

TALK about what day it is TODAY

Introduce SIGNS of the week: Demonstrate sign TWO times—support with visual (see signs at end of lesson plan)

OCEAN

ICE CREAM

HOT

BEACH

SWIM

POEM: Summer (incorporate use of target signs)

Summer, summer

Time for fun

We run all day

In the hot, hot sun

Summer, summer

Jump in the pool

Eat lots of ice cream

To keep cool

SONG: If You're Happy and You Know it (demonstrate sign for HAPPY)

Clap your hands
Stomp your feet
Shout Hooray
Do all 3

SONG: Waves at the Beach (tune of "Wheels on the Bus")

The waves at the beach go up and down, up and down, up and down
The waves at the beach go up and down, all day long
The crabs at the beach crawl back and forth, back and forth, back and forth
The crabs at the beach crawl back and forth, all day long
The fish at the beach go swim, swim, swim, swim, swim, swim
The fish at the beach go swim, swim, swim, all day long
The clams at the beach will open and shut, open and shut, open and shut,
The clams at the beach will open and shut, all day long

BOOK: *A Sunny Day* by Melvin and Gilda Berger

SONG: Old MacDonald Had a Farm (use animals for visual)

SONG: Shaker Song

Shake your shakers, shake, shake, shake
Shake, shake, shake
Shake, shake, shake,
Shake your shakers, shake, shake, shake
Shake your shaker
Shake your shaker HIGH HIGH HIGH
Shake your shaker LOW LOW LOW
Shake your shaker FAST FAST FAST
Shake your shaker SLOW SLOW SLOW

SONG: 5 Little Monkeys Jumping on the Bed (incorporate sign for JUMP)

a. Use visuals/count monkeys

SONG/BOOK for visual: *Wheels on the Bus*

SENSORY/ORAL MOTOR: Bubbles (review homemade bubble recipe-see below)

BUBBLE SONG: (support with visual of lyrics)

5 little bubbles floating to the floor
1 bubble popped and then there were 4
4 little bubbles round as can be
1 bubble popped and then there were 3
3 little bubbles were flying just to you
1 bubble popped and then there were 2
2 little bubbles were having so much fun
1 bubble popped and then there was 1
1 little bubble round as the sun
Until that bubble popped and then there were NONE!

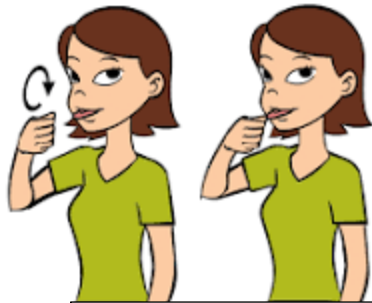
GROSS MOTOR: Hokey Pokey (can use stuffed animal)

Review signs

SONG: "Goodbye" —Same as Hello Song—use Goodbye

EASY MAKE AT HOME BUBBLE RECIPE

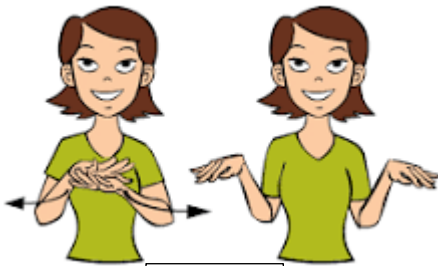
- ½ cup of sugar—pour in a bowl
- Add 4 cups warm water. Mix to dissolve
- Add ½ cup dish soap (blue dish soap works well)
- Mix
- Can use a kitchen whisk for a bubble stick. Enjoy!



Ice Cream



Hot



Swim



Ocean



Beach

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