



Down Syndrome Achievement Centers
educate. inspire. believe.

**LMNOP
Purposeful Programs
Sky Lesson**

SONG: "Hello"

It's our time to say HELLO to _____
It's our time to say HELLO to _____
It's our time to say HELLO to _____
Say HELLO HELLO

SONG: It's time to start our day (to the tune of Farmer in the Dell)

It's time to start our day
It's time to start our day
It's time to give a great big cheer
And then be on our way
HOORAY!

SONG: Days of the Week (to the tune of the Addams Family theme)

Days of the week (clap clap)	There's Tuesday and there's
Days of the week (clap clap)	Wednesday
Days of the week, days of the week,	There's Thursday and there's Friday
days of the week (clap clap)	And then there's Saturday
There's Sunday and there's Monday	Sing a-b-c above again
	TALK about what day it is TODAY

Introduce SIGNS of the week: Demonstrate sign TWO times—support with visual (see signs at end of lesson plan)

STAR	MOON
SKY	NIGHT

SONG: If You're Happy and You Know it (demonstrate sign for HAPPY)

Clap your hands
Stomp your feet
Shout Hooray
Do all 3

SONG: The Moon Above (to the tune of Wheels on the Bus, incorporate signs and visual)

The moon above us is big and round	The stars above shine brightly down,
Big and round	brightly down, brightly down
Big and round	The stars above shine brightly down
The moon above us is big and round	They light up the night sky
Way up in the sky	



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BOOK: *Goodnight Moon* by Margaret Wise Brown

SONG: Twinkle Twinkle Little Star (use visual and sign for STAR)

SONG: Shaker Song

Shake your shakers, shake, shake, shake
Shake, shake, shake
Shake, shake, shake,
Shake your shakers, shake, shake, shake
Shake your shaker
Shake your shaker HIGH HIGH HIGH
Shake your shaker LOW LOW LOW
Shake your shaker FAST FAST FAST
Shake your shaker SLOW SLOW SLOW

SONG: 5 Little Monkeys Jumping on the Bed (incorporate sign for JUMP)

Use visuals/count monkeys

SONG/BOOK for visual: Wheels on the Bus

SENSORY/ORAL MOTOR: Bubbles (review homemade bubble recipe-see below)

BUBBLE SONG: (support with visual of lyrics)

5 little bubbles floating to the floor
1 bubble popped and then there were 4
4 little bubbles round as can be
1 bubble popped and then there were 3
3 little bubbles were flying just to you
1 bubble popped and then there were 2
2 little bubbles were having so much fun
1 bubble popped and then there was 1
1 little bubble round as the sun
Until that bubble popped and then there were NONE!

GROSS MOTOR: Hokey Pokey (can use stuffed animal)

Review signs

SONG: "Goodbye"

It's our time to say Goodbye to _____
It's our time to say Goodbye to _____
It's our time to say Goodbye to _____
Say Goodbye Goodbye

EASY MAKE AT HOME BUBBLE RECIPE

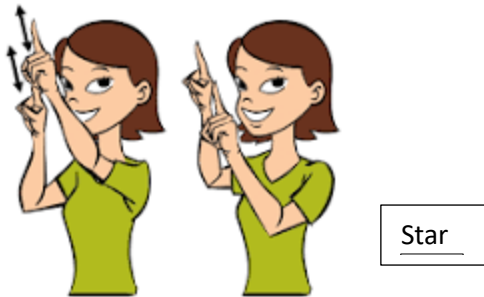
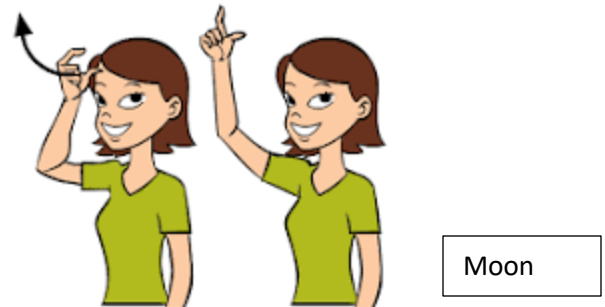
½ cup of sugar—pour in a bowl

Add 4 cups warm water. Mix to dissolve

Add ½ cup dish soap (blue dish soap works well)

Mix

Can use a kitchen whisk for a bubble stick. Enjoy!



Images retrieved from www.babysignlanguage.com