



Down Syndrome Achievement Centers
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SONG: "Hello"

It's our time to say HELLO to _____
It's our time to say HELLO to _____
It's our time to say HELLO to _____
Say HELLO HELLO

SONG: It's time to start our day (to the tune of Farmer in the Dell)

It's time to start our day
It's time to start our day
It's time to give a great big cheer
And then be on our way
HOORAY!

SONG: Days of the Week (to the tune of the Addams Family theme)

Days of the week (clap clap)
Days of the week (clap clap)
Days of the week, days of the week, days of the week (clap clap)
There's Sunday and there's Monday
There's Tuesday and there's Wednesday
There's Thursday and there's Friday
And then there's Saturday
Sing a-b-c above again
TALK about what day it is TODAY

Introduce SIGNS of the week: Demonstrate sign TWO times—support with visual (see signs at end of lesson plan)

- PICNIC
- BASKET
- BLANKET
- EAT

COLOR BIRD--GREEN (look for items that are green)

Green bird, green bird
High in a tree
How many green things do you see?



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SONG: If You're Happy and You Know it (demonstrate sign for HAPPY)

Clap your hands
Stomp your feet
Shout Hooray
Do all 3

SONG: Picnic in the Park

Yes, we'll all go on a picnic in the park
Yes, we'll all go on a picnic in the park
Bring some lunch and bring a ball
There will be such fun for all
Yes, we'll go on a picnic in the park

BOOK: *The Hungry Caterpillar* by Eric Carle

SONG: Old MacDonald Had a Farm (use animals for visual)

SONG: Shaker Song

Shake your shakers, shake, shake, shake
Shake, shake, shake
Shake, shake, shake,
Shake your shakers, shake, shake, shake
Shake your shaker
Shake your shaker HIGH HIGH HIGH
Shake your shaker LOW LOW LOW
Shake your shaker FAST FAST FAST
Shake your shaker SLOW SLOW SLOW

SONG: 5 Little Monkeys Jumping on the Bed (incorporate sign for JUMP)

a. Use visuals/count monkeys

SONG/BOOK for visual: *Wheels on the Bus*

SENSORY/ORAL MOTOR: Bubbles (review homemade bubble recipe-see below)



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BUBBLE SONG: (support with visual of lyrics)

5 little bubbles floating to the floor
1 bubble popped and then there were 4
4 little bubbles round as can be
1 bubble popped and then there were 3
3 little bubbles were flying just to you
1 bubble popped and then there were 2
2 little bubbles were having so much fun
1 bubble popped and then there was 1
1 little bubble round as the sun
Until that bubble popped and then there were NONE!

GROSS MOTOR: Hokey Pokey (can use stuffed animal)

Review signs

SONG: "Goodbye"—Same as Hello Song—use Goodbye

EASY MAKE AT HOME BUBBLE RECIPE

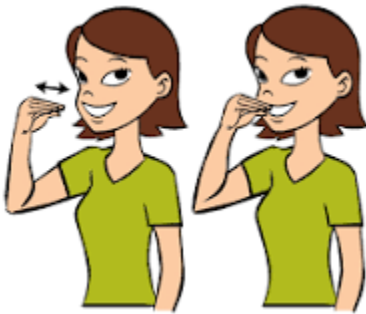
- ½ cup of sugar—pour in a bowl. Add 4 cups warm water. Mix to dissolve
- Add ½ cup dish soap (blue dish soap works well). Mix
- Can use a kitchen whisk for a bubble stick. Enjoy!



PICNIC



BASKET



EAT



BLANKET

Images retrieved from www.babysignlanguage.com