



Down Syndrome Achievement Centers
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SONG: "Hello"

It's our time to say HELLO to _____
It's our time to say HELLO to _____
It's our time to say HELLO to _____
Say HELLO HELLO

SONG: It's time to start our day (to the tune of Farmer in the Dell)

It's time to start our day	And then be on our way
It's time to start our day	HOORAY!
It's time to give a great big cheer	

SONG: Days of the Week (to the tune of the Addams Family theme)

Days of the week (clap clap)	There's Tuesday and there's
Days of the week (clap clap)	Wednesday
Days of the week, days of the	There's Thursday and there's
week, days of the week (clap	Friday
clap)	And then there's Saturday
There's Sunday and there's	Sing a-b-c above again
Monday	

TALK about what day it is TODAY

Introduce SIGNS of the week: Demonstrate sign TWO times—support with visual (see signs at end of lesson plan)

MOMMY	I LOVE YOU
GRANDMOTHER	THANK YOU

SONG: If You're Happy and You Know it (demonstrate sign for HAPPY)

Clap your hands	Shout Hooray
Stomp your feet	Do all 3

SONG: M-O-M-M-Y (review signs for each letter, use visual for lyrics)

I love mommy, she's the best
My mommy is a great one
M -O-M-M-Y (repeat 3 times)
And mommy is her name



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BOOK: *Are You My Mother?* by P.D. Eastman

SONG: We love Mothers

We love mothers
We love mothers
Yes we do, Yes we do

Mothers are for hugging
Mothers are for kissing
We love you, yes we do

SONG: Twinkle Twinkle Little Star (use visual and sign for STAR)

ART/FINE MOTOR: Paper and crayon/marker: Draw heart shape, write MOM

SONG: Shaker Song

Shake your shakers, shake,
shake, shake
Shake, shake, shake
Shake, shake, shake,
Shake your shakers, shake,
shake, shake
Shake your shaker

Shake your shaker HIGH HIGH
HIGH
Shake your shaker LOW LOW
LOW
Shake your shaker FAST FAST
FAST
Shake your shaker SLOW SLOW
SLOW

SONG: 5 Little Monkeys Jumping on the Bed (incorporate sign for JUMP)

- Use visuals/count monkeys

SONG/BOOK for visual: Wheels on the Bus

SENSORY/ORAL MOTOR: Bubbles (review homemade bubble recipe-see below)

BUBBLE SONG: (support with visual of lyrics)

5 little bubbles floating to the
floor
1 bubble popped and then there
were 4
4 little bubbles round as can be
1 bubble popped and then there
were 3
3 little bubbles were flying just
to you

1 bubble popped and then there
were 2
2 little bubbles were having so
much fun
1 bubble popped and then there
was 1
1 little bubble round as the sun
Until that bubble popped and
then there were NONE!

GROSS MOTOR: Hokey Pokey (can use stuffed animal)

Review signs

SONG: "Goodbye"

It's our time to say Goodbye to _____

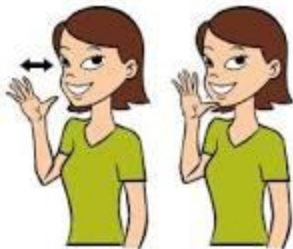
It's our time to say Goodbye to _____

It's our time to say Goodbye to _____

Say Goodbye Goodbye

EASY MAKE AT HOME BUBBLE RECIPE

- ½ cup of sugar—pour in a bowl
- Add 4 cups warm water. Mix to dissolve
- Add ½ cup dish soap (blue dish soap works well)
- Mix
- Can use a kitchen whisk for a bubble stick. Enjoy!



MOMMY



I LOVE YOU



GRANDMOTHER



THANK YOU

Images retrieved from www.babysignlanguage.com