

**Date:** March 17, 2020

**Theme:** Fun with Green

**Host:** Lyndsey Rice and Dr. Vicki Jay

**Playhouse Name:** Hoffman Estates

### Family Involvement (10 minutes):

Set up seat markers (carpet squares) for participants and remind parents join in the program, have a visual program schedule for all to see, utilize picture supports.

- **Opening**

- Welcome song:
  - It's our time to say HELLO to [insert child's name]
  - It's our time to say HELLO to [insert child's name]
  - It's our time to say HELLO to [insert child's name]
  - Say HELLO, HELLO
- Song - It's time to start our day
  - It's time to start our day
  - It's time to start our day
  - It's time to start our day
  - It's time to give a great big cheer
  - And then be on our way
  - Hooray!

### Speech & Language Development:

Review previous signs from the last program, introduce new signs to go along with today's theme. Incorporate counting, labeling, concepts such as up, down, over, under, etc.

- **Language Instruction/Theme (5 minutes):**

- New Signs: rainbow, green, gold
- Picture Supports: see attached sign images

### Social Development

Use stories and songs with melodic intonation to help build language while using sign language and gestures. Promote standing, balancing, dancing and performing actions.

- **Songs/Nursery Rhymes (5 minutes)**

- If You're Happy and You Know It
- 10 Little Leprechauns (to the tune of 10 little Indians)
  - One little, two little, three little leprechauns
  - Four little, five little, six little leprechauns
  - Seven little, eight little, nine little leprechauns
  - Ten leprechauns go an find a pot of gold
  - Ten little, nine little, eight little leprechauns
  - Seven little, six little, five little leprechauns
  - Four little, three little, two little leprechauns
  - One little leprechaun found the pot of gold!

- **Sensory Play (15 Minutes)**

- Activity: Green shape(s) drawing/coloring/tracing exercise
  - Supplies – sheet of white paper or white board and a green crayon, marker, or dry erase marker

## LMNOP: Language Music N' Our Peeps Purposeful Programming Lesson Plan

- Step 1. Parent draw the outline of a shape on white paper or white board (circle, flower, shamrock, etc.)
  - Step 2. Student color in the shape while staying within the outline of the shape OR student trace the outline of the shape (hand-over-hand can be used if needed)
- Activity: Green sensory bin
  - Collect green items of different textures and sizes for child to touch such as feathers, beads, tissue paper, streamers, bubble wrap, straws, etc. and place in a box or bag
- Activity: Shake Your Shaker Song
  - Supplies to make a shaker: Use a dry, empty water bottle and fill  $\frac{1}{4}$  full of dried noodles, dried beans, popcorn kernels, or beads
  - Song: Shake Your Shaker
    - Shake Your Shaker, Shake Shake Shake, Shake Shake Shake, Shake Shake Shake,
    - Shake Your Shaker, Shake Shake Shake, Shake Your Shaker
    - Shake Your Shaker, High High High, High High High, High High High,
    - Shake Your Shaker, High High High, Shake Your Shaker
    - Shake Your Shaker, Low Low Low, Low Low Low, Low Low Low,
    - Shake Your Shaker, Low Low Low, Shake Your Shaker
    - Shake Your Shaker, Fast Fast Fast, Fast Fast Fast, Fast Fast Fast,
    - Shake Your Shaker, Fast Fast Fast, Shake Your Shaker
    - Shake Your Shaker, Slow Slow Slow, Slow Slow Slow, Slow Slow Slow,
    - Shake Your Shaker, Slow Slow Slow, Shake Your Shaker
- Activity: Bubble Song
  - Supplies to make bubbles: large bowl,  $\frac{1}{2}$  cup sugar, 4 cups of warm water,  $\frac{1}{2}$  cup colored dish soap, whisk/large spoon with holes
  - Directions to make bubbles: Pour sugar and warm water in a bowl, mix to dissolve. Add dish soap and mix again. Use whisk or large spoon with holes as a bubble stick. Dip in bubbles and wave to make bubbles!
  - Song: 5 Little Bubbles
    - 5 little bubbles floating to the floor
    - One bubble popped and then there were 4
    - 4 little bubbles round as can be
    - One bubble popped and then there were 3
    - 3 little bubbles were flying just to you
    - One bubble popped and then there were 2
    - 2 little bubbles were having so much fun
    - One bubble popped and then there was 1
    - 1 little bubble, round as the sun
    - Until that bubble popped and now there are none!
- **Story Time (10 Minutes)**
  - Elmo's If You're Happy and You Know it (book)
  - The Wheels on the Bus (book)
- **Songs/Nursery Rhymes (10 minutes)**
  - Twinkle, Twinkle Little Star
  - Five Little Monkeys
  - Head, Shoulders, Knees and Toes
  - Hokey Pokey

## Parent Education

Bring participants to seat markers, thank participants and volunteers. Celebrate successes and remind of upcoming programs, activities and events. Remind parents of the importance of practicing the language skills that were presented today.

- **Summary/Wrap Up/Good-bye: (5 Minutes)**
  - Take Home: Review signs from today and pass out lesson plan and sign sheets
  - Goodbye Song:
    - It's our time to say HELLO to [insert child's name]
    - It's our time to say HELLO to [insert child's name]
    - It's our time to say HELLO to [insert child's name]
    - Say HELLO, HELLO