



Down Syndrome Achievement Centers
educate. inspire. believe.

Props Needed: Bar of soap or hand sanitizer, two hand towels or wash cloths and two rattles/maracas/shakers/bells. Vocabulary items: apple, banana, cookie, muffin, ice cream, fruit, carrot, blueberries, grapes, and eat.

Hello Song: It's our time to say hello to everyone and Hello and How are You?

Baby Shark Wash Our Hands:

Oral Motor: Sit up tall, Lips-mmm, Kiss, Cheeks-oooh, Sh

Sign of the day: Apple, banana, cookie, muffin, ice cream, fruit, carrot, blueberries, grapes, cheese and eat.

I Like to Eat Apples and Bananas

Red, Red the Apple is Red

Yummy Food

Cloths at the Circle: (Props-Cloths or hand towels) Peek-a-boo, up and down, side to side, shake-shake-shake, round and round, squish, squish, squish

If You're Happy and You Know It: Clap, hooray, go to sleep, stamp your feet, play peek-a-boo,

Muffin Man

Clap, Clap Everyone Clap Rub, Stamp, Shake, Stamp, Rock, Sleep, Sh

Shake Your bells to the music (Props needed: Two rattles or two bells)

I'm a Little Teapot

Bye-Bye Song: It's our time to say good-bye

I'm A Little Teapot

I'm a little teapot, short and stout
Here is my handle, here is my spout,
When I get all steamed up, here me shout
Just tip me over and pour me out

I'm a little teapot, short and stout
Here is my handle, here is my spout,
When I get all steamed up, here me shout
Just tip me over and pour me out

Muffin Man

Do you know the muffin man, the muffin man, the
muffin man,
Do you know the muffin man that lives on Drury Lane.

Yes I know the muffin man, the muffin man, the muffin
man,
Yes I know the muffin man that lives on Drury Lane.

Do you know the ice cream man, the ice cream man,
the ice cream man,
Do you know the ice cream man that lives on Drury
Lane.

Yes I know the ice cream man, the ice cream man, the
ice cream man,
Yes I know the ice cream man that lives on Drury Lane.

Do you know the fruit stand man, the fruit stand man,
the fruits stand man,
Do you know the fruit stand man that lives on Drury
Lane.

Yes I know the fruit stand man, the fruit stand man, the
fruit stand man,
Yes I know the fruit stand man that lives on Drury Lane.

Do you know the muffin man, the muffin man, the
muffin man,
Do you know the muffin man that lives on Drury Lane.

Yes I know the muffin man, the muffin man, the muffin
man,
Yes I know the muffin man that lives on Drury Lane.

Yummy Food (Tune of London Bridge)

Look at all this yummy food, yummy food, yummy food
Look at all this yummy food
So, So yummy

Close your eyes let's try and guess
Try and guess, try and guess
Close your eyes, let's try and guess
So, so yummy

It's a salty piece of cheese, piece of cheese, piece of
cheese
It's a salty piece of cheese
Yum yum cheese

Close your eyes let's try and guess
Try and guess, try and guess
Close your eyes, let's try and guess
So, so yummy

It's a tasty sweet cookie, sweet cookie, sweet cookie
It's a tasty sweet cookie
Yum yum cookies

It is fun to try new food, try new food, try new food
It's so fun to try new food
All together

Food Song (Sung to Tune of Skip to My Lou)

Red, red, the apple is red
Red, red, the apple is red
Red, red, the apple is red
The apple is red, red, red

Yellow, yellow, the banana is yellow
Yellow, yellow, the banana is yellow
Yellow, yellow, the banana is yellow
The banana is yellow, yellow, yellow

Green, green, the grapes are green
Green, green, the grapes are green
Green, green, the grapes are green
The grapes are green, green, green

Orange, orange, the carrot is orange
Orange, orange, the carrot is orange
Orange, orange, the carrot is orange
The carrot is orange, orange, orange
Brown, brown, the cookie is brown,
Brown, brown, the cookie is brown,
Brown, brown, the cookie is brown,
The cookie is brown, brown, brown

Blue, blue, blueberries are blue
Blue, blue, blueberries are blue
Blue, blue, blueberries are blue
The blueberries are blue, blue, blue

Apples and Bananas

I like to eat, eat, eat, apples and bananas
I like to eat, eat, eat, apples and bananas
I like to eat, eat, eat, apples and bananas
I like to eat, eat, eat, apples and bananas

I like to eat, eat, eat, apples and bananas
I like to eat, eat, eat, apples and bananas
I like to eat, eat, eat, apples and bananas
I like to eat, eat, eat, apples and bananas

I like to eat, eat, eat, apples and bananas
I like to eat, eat, eat, apples and bananas
I like to eat, eat, eat, apples and bananas
I like to eat, eat, eat, apples and bananas