



Down Syndrome Achievement Centers
educate. inspire. believe.

**LMNOP
Bunnies Lesson
Purposeful Programs**

- 1. SONG: "Hello"**
 - a. It's our time to say HELLO to _____
 - b. It's our time to say HELLO to _____
 - c. It's our time to say HELLO to _____
 - d. Say HELLO HELLO
- 2. SONG: It's time to start our day (to the tune of Farmer in the Dell)**
 - a. It's time to start our day
 - b. It's time to start our day
 - c. It's time to give a great big cheer
 - d. And then be on our way
 - e. HOORAY!
- 3. SONG: Days of the Week (to the tune of the Addams Family theme)**
 - a. Days of the week (clap clap)
 - b. Days of the week (clap clap)
 - c. Days of the week, days of the week, days of the week (clap clap)
 - d. There's Sunday and there's Monday
 - e. There's Tuesday and there's Wednesday
 - f. There's Thursday and there's Friday
 - g. And then there's Saturday
 - h. Sing a-b-c above again
 - i. TALK about what day it is TODAY
- 4. Introduce SIGNS of the week: Demonstrate sign TWO times—support with visual (see signs at end of lesson plan)**
 - a. Bunny/Rabbit
 - b. Jump
 - c. Carrot
 - d. Egg
- 5. SONG: If you are Happy and You Know it (demonstrate sign for HAPPY)**
 - a. Clap your hands
 - b. Stomp your feet
 - c. Shout Hooray
 - d. Do all 3
- 6. SONG/GROSS MOTOR: Bunny Hop/Bunny Stop (demonstrate movements, sign for STOP-use stuffed bunny)**
 - a. Bunny Bunny HOP
 - b. Bunny Bunny STOP
- 7. BOOK: Honey Rabbit by Margo Hopkins**
- 8. SONG: Twinkle Twinkle Little Star OR Itsy Bitsy Spider (use visuals)**

9. SENSORY: Cotton Balls in a bin. Talk about color/texture/movement/hide hands

10. SONG: Shaker Song (use egg shakers)

- a. Shake your shakers, shake, shake, shake
- b. Shake, shake, shake
- c. Shake, shake, shake,
- d. Shake your shakers, shake, shake, shake
- e. Shake your shaker
- f. Shake your shaker HIGH HIGH HIGH
- g. Shake your shaker LOW LOW LOW
- h. Shake your shaker FAST FAST FAST
- i. Shake your shaker SLOW SLOW SLOW

11. SONG: 5 Little BUNNIES Jumping on the Bed (incorporate sign for BUNNY and JUMP)

- a. Use visuals/count BUNNIES

12. BOOK/SONG: Wheels on the Bus

13. SENSORY/ORAL MOTOR: Bubbles (review homemade bubble recipe-see below)

14. BUBBLE SONG: (support with visual of lyrics)

- a. 5 little bubbles floating to the floor
- b. 1 bubble popped and then there were 4
- c. 4 little bubbles round as can be
- d. 1 bubble popped and then there were 3
- e. 3 little bubbles were flying just to you
- f. 1 bubble popped and then there were 2
- g. 2 little bubbles were having so much fun
- h. 1 bubble popped and then there was 1
- i. 1 little bubble round as the sun
- j. Until that bubble popped and then there were NONE!

15. GROSS MOTOR: Hokey Pokey (use Bunny)

16. Review signs

17. SONG: "Goodbye"

- a. Same as Hello Song—use Goodbye

EASY MAKE AT HOME BUBBLE RECIPE

- ½ cup of sugar—pour in a bowl
- Add 4 cups warm water. Mix to dissolve
- Add ½ cup dish soap (blue dish soap works well)
- Mix

Can use a kitchen whisk for a bubble stick. Enjoy!!



BUNNY



CARROT



EGG



JUMP

Images retrieved from www.babysignlanguage.com