



Down Syndrome Achievement Centers
educate. inspire. believe.

Leaps & Bounds Purposeful Programs Frolicking Frogs

Introductions—Welcome song, today's plan- Spring!

Story/Fine Motor

- Songs with movement (gross motor): **Five Speckled Frogs**
- **It's Mine (Leo Lionni)** (book)

Fine Motor

- **Speckled Frog Craft** (bath tissue roll, green and red construction paper, can glue colored paper on for the spots or use marker/crayon)

Gross motor

- **Lily Pad Number Hop** (green paper circles) and **Just Like Me**

Fine Motor Activity:

- **Feed the Frog** (need a small plastic container, you will cover with a paper "frog" and cut an opening in the mouth, small items to "feed the frog"- paper clips, pennies, beads, or buttons all work, tongs if you want or using fingers is fine)

Gross Motor Activity

- **Stuffed Animal Relay** (will need 5-6 stuffed animals- small enough for your child to carry and a basket of some kind)

Fine Motor Activity

- **Frog "Poppers"** (green paper/construction paper, black marker/crayon, child scissors if you want)

Gross motor

- **Sock box toss** (a large rolled pair of socks and your basket from above- laundry or an empty/clean trash basket or a box works)

Goodbye song (tune of Baa Baa Black Sheep), hand out/review parent take-home

Materials needed at home:

- Green construction paper (multiple pieces, we will use for several activities), red, pink, black paper (if you have googly eyes these are fun but not necessary)
- Plastic container covered with paper (rubber band or tape on), small items to "feed the frog"- pennies, beads, pasta, buttons all work
- bath tissue tube
- Large basket (trash or laundry or a large box works)
- 5-6 small-medium stuffed animals
- Large pair of rolled up socks or a soft ball
- Glue, child scissors (if you want)

Parent Take Home

Looking for more ways to build gross & fine motor skills? Check these out!

1. **Sensory Fun:** Who doesn't love to play in water or rice/beans? This is even better outside. Hide small items (pretend you are finding frogs) in rice, bean, water (you preference) and let your child hunt for them. Add a stick and see if they can place the "frogs" on the log.



2. **Frog Food Fun:** A green apple makes a great "frog" - cut out a wedge to make a mouth, add raisins for eyes. Pinterest has loads of options! Search frog preschool snacks.



3. **Feed the Frog:** Draw/make a big frog from cardboard and cut out the mouth- then have fun tossing in bean bags (pairs of socks work well too).

4. **Counting Fun!** Those lily pads we used in our class this week- use them to practice one-to-one correspondence and counting. Put a different number on each lily pad. Have your child put the correct number of items on each lily pad.

