

How to Make My /s/ sound, as in “see”	Something doesn’t quite sound right... Patterns you might see	Help me practice my sound!
<ul style="list-style-type: none"> <li>• My tongue is behind my teeth.</li> <li>• My lips are pulled back, like a smile.</li> <li>• The sides of my tongue are touching the inside of my back teeth.</li> <li>• The air comes out over the middle of my tongue and out the front, not the sides.</li> <li>• My voice is turned off</li> </ul>	<ol style="list-style-type: none"> <li>1. You may hear no sound at all, also known as <b>omission</b>. This occurs when the participant tries to make the sound, but it is missing. For example: in the word “see” you may hear “ee” or in the word “sun” you may only hear “un”.</li> <li>2. You may hear another sound, also known as <b>substitution</b>. This occurs when the participant tries to make the sound, but says a different sound instead. For example: in the word “see”, it could sound like “zee” or in the word “sun”, you may hear “thun”.</li> </ol>	<ol style="list-style-type: none"> <li>1. <b>Mirror Work</b> Have her watch herself in the mirror to make sure her lips are pulled back into a smile, putting her tongue his behind his/her lips and pushing air out to make the /s/ sound. Ensuring the tongue stays in your child’s mouth will help to prevent them from saying the /th/ sound instead of the /s/ sound. If you hear a /z/ sound, make sure she keeps her voice off.</li> <li>2. <b>Make nonsense sounds with your child while adding the “k” sound</b> <ol style="list-style-type: none"> <li>a. Put the /s/ sound in front of all the long and short vowels, say, see, si, sow and soo. Then practice the /s/ sound at the end of the vowels, us, as, is, os, es and finally in the middle of the vowels, iso, aysu, esa, osee ... you get the idea.</li> <li>b. Your child will love to imitate siblings (or bother them 😊) so have your older children do this when they talk to them. They will be talking and it will make the most adorable sibling moment.</li> </ol> </li> <li>3. <b>Go on a sound hunt</b> Look at books, food, labels, billboards, signs, anything and everything in your community or house and find words to practice that have the /s/ sound. Make sure you look for more than just words that start with the /s/ sound, also find words with the /s/ sound and the end and in the middle. Add those words and make phrases like “grassy hill”. You can also make sentences like “Time to go to GiGi’s Playhouse” and “I see that you are wearing yellow today!”</li> <li>4. <b>Make a sensory box</b> Fill a container with rice or beans and find some items at the dollar store or print off pictures of words that have /s/ in them. She will love making a mess and practicing her sounds. Here are some item ideas: scissors, soap, salt, seed, seven, soldier, sucker, cereal, sunflower, Santa.</li> <li>5. <b>Who stole a sandwich from the supermarket?</b> Use <b>the tune to the cookie jar song</b>, but change the words to “____ stole a sandwich from the supermarket.” If you haven’t heard this song already, it goes like this.  <i>Leah</i> starts... “Mom stole a sandwich from the supermarket.”  <i>Mom</i>: “Who me?”  <i>Leah</i>: “Yes you!”  <i>Mom</i>: “Couldn’t be!”  <i>Leah</i>: “Then who?”            And mom chooses a new person from the group and the chant starts over.         </li> </ol>
<p><b>Where do I hear my sound?</b></p>	<p><b>Photo</b></p>	
<ul style="list-style-type: none"> <li>• In <b>isolation</b> “s”</li> <li>• In <b>syllables</b> “sa”</li> <li>• At <b>beginning of words</b> as in “Sam”</li> <li>• At the <b>end of words</b> as in “goose”</li> <li>• In the <b>middle of words</b> as in “messy”</li> <li>• In <b>phrases</b> with words that have /s/ at the beginning, middle and end.</li> <li>• In <b>sentences</b> with words that have /s/ at the beginning, middle and end.</li> <li>• While <b>reading</b> with words that have /s/ at the beginning, middle and end.</li> <li>• In <b>conversation</b> with words that have /s/ at the beginning, middle and end.</li> </ul>		