

How to Make My /sh/ sound, as in “sheep”	Something doesn’t quite sound right... Patterns you might see	Help me practice my sound!
<ul style="list-style-type: none"> <li>• My lips are apart and pushed forward</li> <li>• My teeth are close together</li> <li>• The tip of my tongue is in the middle of my mouth – not touching the top or bottom</li> <li>• The side of my tongue are touching the inside of my back teeth.</li> <li>• My cheeks are flat</li> </ul>	<ol style="list-style-type: none"> <li>1. You may hear no sound at all, also known as <b>omission</b>. This occurs when your child tries to make the sound, but it is missing. For example: in the word “sheep” you may hear “eep” or in the word “shoe” you may only hear “oe”.</li> <li>2. You may hear another sound, also known as <b>substitution</b>. This occurs when your child tries to make the sound, but says a different sound instead. For example: in the word “sheep”, it could sound like “seep” or in the word “shoe”, you may hear “chew”.</li> </ol>	<ol style="list-style-type: none"> <li>1. <b>Mirror Work</b> Have them watch themselves in the mirror to make sure their lips are pushed out. Use your fingers to push the cheeks and lips forward. You can also try putting a lollipop in the middle of the tongue and curl the tip and side around it. The “bowl” that is made with the tongue is what you need for the /sh/ sound.</li> <li>2. <b>Make nonsense sounds with your child while adding the “sh” sound</b> <ol style="list-style-type: none"> <li>a. Put the /sh/ sound in front of all the long and short vowels, shay, shee, shy, sho and shoo. Then practice the /sh/ sound at the end of the vowels, ush, ash, ish, osh, esh and finally in the middle of the vowels, ipsh, ayshu, esha, oshee ... you get the idea.</li> <li>b. Your child will love to imitate siblings (or bother them) so have your older children do this when they talk to them. They will be talking and it will make the most adorable sibling moment.</li> </ol> </li> <li>3. <b>Play the shhhhh game</b> Go around the house making loud noises. Have your child tell you to “shhhh”. You can take turns with your child and use other family members to play this game. You child will love to tell his/her siblings and you what to do.</li> <li>4. <b>Go on a sound hunt</b> Look at books, food, labels, billboards, signs, anything and everything in your community or house and find words to practice that have the /sh/ sound. Make sure you look for more than just words that start with the /sh/ sound, also find words with the /sh/ sound and the end and in the middle. Add those words and make phrases like “blue <b>sh</b>irt”. You can also make sentences like “Go get a <b>ti</b>ssue!” and “I want gold<b>sh</b> as a snack!”</li> <li>5. <b>Raising Robust Readers - Sing the SH song!</b>  <p style="text-align: center;"> <i>‘s-h’ makes a /sh/.</i>  <i>‘s-h’ makes a /sh/.</i>  <i>My chick can fly.</i>  <i>But she is shy.</i>  <i>‘s-h’ makes a /sh/</i> </p> </li> </ol>
<p><b>Where do I hear my sound?</b></p>		
<ul style="list-style-type: none"> <li>• In <b>isolation</b> “sh”</li> <li>• In <b>syllables</b> sh”</li> <li>• At <b>beginning of words</b> as in “ship”</li> <li>• At the <b>end of words</b> as in “dish”</li> <li>• In the <b>middle of words</b> as in “flashlight”</li> <li>• In <b>phrases</b> with words that have /sh/ at the beginning, middle and end.</li> <li>• In <b>sentences</b> with words that have /sh/ at the beginning, middle and end.</li> <li>• While <b>reading</b> with words that have /sh/ at the beginning, middle and end.</li> <li>• In <b>conversation</b> with words that have /sh/ at the beginning, middle and end.</li> </ul>	<p><b>Photo</b></p>	