

How to Make My /v/ sound, as in “van”	Something doesn’t quite sound right... Patterns you might see	Help me practice my sound!
<ul style="list-style-type: none"> <li>I take a big breath and keep it inside until my lips are ready to go</li> <li>My top teeth are on my bottom lip</li> <li>My air rushes out quickly, like letting air out of a balloon</li> <li>I turn on my voice - I can feel a vibration when I put my hand on my throat</li> </ul>	<ol style="list-style-type: none"> <li>You may hear no sound at all, also known as <b>omission</b>. This occurs when the participant tries to make the sound, but it is missing. For example: in the word “van” you may hear “an” or in the word “video” you may only hear “ideo”.</li> <li>You may hear another sound, also known as <b>substitution</b>. This occurs when the participant tries to make the sound, but says a different sound instead. For example: in the word “van”, it could sound like “fan” or in the word “video”, you may hear “bideo”.</li> </ol>	<ol style="list-style-type: none"> <li><b>Mirror Work</b> Have them watch themselves in the mirror to make sure they are bringing in a big breath, making sure they are biting their lip, then pushing out the air with their voice on. This will help if you are hearing the /b/ sound also. If you are hearing the /f/ sound instead of /v/ make sure they practice using their voice when saying the /v/ sound.</li> <li><b>Make nonsense sounds with your child while adding the “v” sound</b> <ol style="list-style-type: none"> <li>Put the /w/ sound in front of all the long and short vowels, vay, ve, vi, vow and voo. Then practice the /v/ sound at the end of the vowels, uv, av, iv, ov, ev and finally in the middle of the vowels, ivo, ayvu, eva, ovey ... you get the idea.</li> <li>Your child will love to imitate siblings (or bother them) so have your older children do this when they talk to them. They will be talking, and it will make the most adorable sibling moment.</li> </ol> </li> <li><b>Go on a sound hunt</b> Look at books, food, labels, billboards, signs, anything and everything in your community or house and find words to practice that have the /v/ sound. Make sure you look for more than just words that start with the /v/ sound, also find words with the /v/ sound and the end and in the middle. Add those words and make phrases like “in the van”. You can also make sentences like “Let’s go play in the driveway.” Or “He dove into the pool.”</li> <li><b>Memory</b> Print off /v/ sound cards and play memory. This is a great way to have your child both practice the /v/ sound but also hear it from you and several other family members, when you play it as a family. Here is a link to find /v/ cards to practice: <a href="http://mommyspeechtherapy.com/?page_id=55">http://mommyspeechtherapy.com/?page_id=55</a></li> <li><b>Raising Robust Readers - Sing the letter V song!</b>  <p style="text-align: center;"> <i>The name of the letter is v.</i>  <i>The sound of the letter is /v/.</i>  <i>V says /v/.</i>  <i>V says /v/.</i>  <i>Voom goes the van.</i>  <i>V says /v/.</i> </p> </li> </ol>
<p><b>Where do I hear my sound?</b></p>		
<ul style="list-style-type: none"> <li>In <b>isolation</b> “v”</li> <li>In <b>syllables</b> “va”</li> <li>At <b>beginning of words</b> as in “vest”</li> <li>At the <b>end of words</b> as in “cave”</li> <li>In the <b>middle of words</b> as in “oval”</li> <li>In <b>phrases</b> with words that have /v/ at the beginning, middle and end.</li> <li>In <b>sentences</b> with words that have /v/ at the beginning, middle and end.</li> <li>While <b>reading</b> with words that have /v/ at the beginning, middle and end.</li> <li>In <b>conversation</b> with words that have /v/ at the beginning, middle and end.</li> </ul>	<p style="text-align: center;"><b>Photo</b></p>	