

How to Make My /m/ sound, as in “mama”	Something doesn't quite sound right... Patterns you might see	Help me practice my sound!
<ul style="list-style-type: none"> • I keep my lips together • I turn on my voice – I can feel a vibration when I put my hand on my throat and the sides of my nose 	<p>1. You may hear no sound at all, also known as omission. This occurs when your child tries to make the sound, but it is missing. For example: in the word “mama” you may hear “ah-ah” or in the word “more” you may only hear “or”.</p> <p>2. You may hear another sound, also known as substitution. This occurs when your child tries to make the sound but says a different sound instead. For example: in the word “mama”, it could sound like “nana” or in the word “more”, you may hear “bore”.</p>	<p>1. Practice blowing kisses to everyone!</p> <p>a. I do: Place your hand over your mouth and make the “m” sound and blow a kiss to your child.</p> <p>b. We do: Place your child’s hand over your mouth and make the “m” sound and blow a kiss to everyone in the room, dolls, toys, anything! Then place your child’s hand over her mouth and make the “m” sound and blow more kisses. This can be practiced in a mirror too!</p> <p>c. You do: Tell your child, “Let’s blow kisses” and blow kisses making the “m” sound.</p> <p>2. Practice “M” while eating</p> <p>a. Repetition is key for learning a new sound and a great, natural way to use the “m” sound is when eating. You can practice with cereal or baby food or even a cup!</p> <p>b. If using a spoon, place the food in your child’s mouth and make the sound “mmmm”, then remove the spoon. Your child must close his/her mouth to eat the food so his/her lips are in the correct place to make that sound.</p> <p>3. Mirror Work Have them watch themselves in the mirror to make sure they are bringing both lips together. You can help them by placing fingers over your lips and making the “m” sound to model and then placing your fingers over their lips. You can also use his/her hand, like blowing kisses.</p> <p>4. Make nonsense sounds with your child while adding the “m” sound</p> <p>a. Put the /m/ sound in front of all the long and short vowels, may, me, my, mow and moo. Then practice the /m/ sound at the end of the vowels, um, am, im, om, em and finally in the middle of the vowels, imo, aymu, ema, omee ... you get the idea.</p> <p>b. Your child will love to imitate siblings (or bother them) so have your older children do this when he talks to him/her. She will be talking, and it will make the most adorable sibling moment.</p> <p>5. Go on a sound hunt Look at books, food, labels, billboards, signs, anything and everything in your community or house and find words to practice that have the /m/ sound. Make sure you look for more than just words that start with the /m/ sound, also find words with the /m/ sound and the end and in the middle. Add those words and make phrases like "Ah a mouse!" or sentences like "Do you want to build a snowman?"</p> <p>6. Raising Robust Readers Sing the letter M song!</p> <p style="text-align: center;"><i>The name of the letter is m. The sound of the letter is /m/. M says /m/. M says /m/. March to music. M says /m/.</i></p>
<p>Where do I hear my sound?</p> <ul style="list-style-type: none"> • In isolation “m” • In syllables “mo” • At beginning of words as in "math" • At the end of words as in "gum" • In the middle of words as in "umbrella" • In phrases with words that have /m/ at the beginning, middle and end. • In sentences with words that have /m/ at the beginning, middle and end. • While reading with words that have /m/ at the beginning, middle and end. • In conversation with words that have /m/ at the beginning, middle and end. 		