



Down Syndrome Achievement Centers  
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Fantastic Friends: World Skills  
Purposeful Programs  
Professional Development

Date: 03/08/2020

Host: Alexis and Kim

Theme: "Employability Soft Skills" (Professional Development)

Playhouse Name: Madison for GiGi's At Home

### **Social Development:**

- **Opening**

Welcome the group, provide instructions, review goals for the program, announcements (celebrations, birthdays, etc.)

Quote of the Week: "No matter where you are in your current career, it's never too late to learn and develop new job skills."

### **Speech & Language Development:**

- **Icebreakers (10 minutes)**

Take turns allowing each person to introduce themselves in a game style while others arrive.

- Activity: Employability Soft Skills Icebreaker: "What is one skill that you think is important to have no matter what your job is?"

### **Gross Motor Development:**

- **Cooperative & Social Activities (30 minutes):**

Choose 2-3 activities for participants to participate in based on the programs theme. Remind participants of expectations and appropriate social skills.

- Activity 1 (15 min.): "Listen & Draw" Activity → Introduce the importance of flexibility and problem-solving by engaging participants in an activity in which they are instructed to draw and write on a blank piece of paper as instructed by the host (Like "Simon Says" but with drawing and writing)
- Activity 2 (15 min.): "Employability Skills" Discussion; Engage participants in conversation regarding the significance of varying employability skills. Ask them if they can think of additional skills not listed on the handout!

- **Closing: (5 Minutes)**

Plan for the next session, wrap-up, tell friends good-bye.

- Set Goal: Think of an example of one of the employability skills that we discussed today to share with the group next week! OR Ask a friend and/or family member about one skill that they believe is especially important in their career to share with the group next week!



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## Fantastic Friends: World Skills - Employability Soft Skills Materials

- “Employability Skills” Discussion:  
<https://visual.ly/community/Infographics/animals/soft-skills-list-infographic?epik=dj0yJnU9NGhhN3RzaEVreHpvbXR4Zk5FanBiQXdUMFNqQWVINlkmcD0wJm49bFNRMkplQWRcCmhMSU5SSmhsRk5BQSZ0PUFBQUFBROFaazQ0>